Interfaith operates one of the largest emergency food programs in Greater Boston. Over the past twelve years, Interfaith’s food pantry has seen a 100% increase in the number of clients requesting assistance.

Interfaith’s programs are predominantly staffed by volunteers. Last year, 925 community volunteers contributed more than 23,000 hours of service through Interfaith’s programs.

One in five adults and one in seven children in the U.S. experiences mental illness every year. There are still thousands of Massachusetts residents who cannot afford mental health and addiction counseling. Interfaith’s New Directions Counseling Center is a safety net for those in need. Each year, Interfaith’s therapists provide more than 2,500 counseling sessions to community members with no place else to turn for help.

Every year, hundreds of families turn to Interfaith for help to prevent homelessness. Interfaith’s HomeSafe program provides them with the resources needed to prevent a tragedy today and knowledge to prevent more crises in the future.